

Healthwatch Kingston Board Meeting (Part A)	Date: Wednesday 20 March 2019
Report Title: Projects and Outreach Officer	Author: Laila Awda (LA), Projects and Outreach Officer
PART A Agenda Item 14	Appendix: No

FOR INFORMATION
The purpose of this report is to update the HWK Board on recent and planned Projects and Outreach.

Youth Out Loud!

5 members from Youth Out Loud! recently took part in “15 steps” at Kingston Hospital, which went very well. A report will be available soon.



The group have been working on their film with Steve Slavin. We have set a launch date for showing the film. This will be on Monday 8th April 2019 from 12-2pm at The Venue, Heatham House, Twickenham. I have sent you all a calendar invite to this event. The Eventbrite link to register is <https://www.eventbrite.co.uk/e/youth-out-loud-launch-event-tickets-58258982184>

I obtained a marketing plan for events from a friend who is a marketing professional which I shared with Youth Out Loud! during our session on 12 March. As a result we have allocated 1 YOL member to lead on drafting an email from YOL! to invite people to the launch event, 1 person to lead on creating a poster for the event, and 2 people starting in 3 short promo clips to go on Twitter and Instagram (@youth_outloud) over the next 3 weeks.



Scott Bacon and I met with Sarah Freeman, Sexual Health Outreach Worker, Kingston Hospital. We spoke about possibly working together on projects around mystery shopping with Youth Out Loud!, and supporting and signposting the learning disabilities sexual health clinic.

Discharge Project

The second round of 500 surveys for the Discharge Project were delivered to the hospital on 27th February to be handed out from 4th March until 31st March. After this date the information will be input, and the analysis and reporting can begin (it can take a few extra weeks after the deadline for surveys to be returned). This project will be referred to further in Graham Goldspring's Hospital Services Task Group Report (Agenda Item 14).

Volunteering

We have a potential Volunteer coming in on 12 March 2019 who is keen in joining us as a Task Group Member.

Time to Change

Time to Talk Day 7th February 2019 proved to be a successful day with lots of organisations across Kingston working together to promote the Time to Talk message - a lot of which was shared on the Time to Talk Kingston Twitter page (<https://twitter.com/TTCKingston>).

Our announcement of the Time to Change funding success was placed in the Surrey Comet (<https://www.surreycomet.co.uk/news/17460241.time-to-change-group-awards-kingston-branch-hub-status-for-improved-mental-health-provision/?ref=twtrrec>)

26th February

Time To Change group awards Kingston branch 'Hub' status for improved mental health provision

By Orlando Jenkinson | @Lando_J
Reporter - Kingston, Elmbridge & Epsom

Time To Change Kingston team members at an event in Kingston Quaker Centre earlier this month. Image: Health Watch Kingston via Twitter

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Personal fundraising to support local learning disability services in Kingston

With SB's approval it's been promoted on HWK Twitter that I am going to be running the London Marathon on 28th April in support of SeeAbilty, an Epsom based charity who help people with learning disabilities & sight loss in Kingston & other areas. Below is an image from the one I did 5 years ago for Great Ormond Street Hospital. You can read more about my fundraising at <http://uk.virginmoneygiving.com/lailaa>

