

Learning Disability Project Group Annual Health Check Report



26 people with a learning disability filled in the Annual Health Check questionnaire.

They had support to fill in the questionnaire from their family member or support worker

This is what we found out.

Who has had their Annual Health Check?



Out of 26 people,

11 people said they have had an Annual Health Check from their Doctor

12 people said they have not had one

3 people could not remember if they have had one

How long did their Annual Health Check last?



Out of the 11 people who had their Annual Health Check,

5 People said their Annual Health Check lasted 15 minutes

2 People said their Annual Health Check lasted 30 minutes

1 person said their Annual Health Check lasted 45 minutes

3 people said they could not remember

Did their Doctor talk to them about their Health Action Plan?



2 People said their Doctor has talked to them about their Health Action Plan at their Annual Health Check

5 people said their Doctor did not talk to them about their Health Action Plan at their Annual Health Check

4 people said they could not remember

Conclusion

Everyone with a learning disability is entitled to an Annual Health Check, but this report shows nearly half of the people we asked have not had one.

The Annual Health Check should last 45 minutes, but most people said they only got 15 minutes.

This is a problem because it may not be enough time to get your health checked properly.

This report shows that at their Annual Health Check not everyone's Doctor talked to them about their Action Plan.

The persons Doctor should talk to them about their Health Action Plan to make sure they understand it