

## Learning Disability Project Group Health Action Plan Report



25 people filled in the Health Action Plan questionnaire.

They had support to fill in the questionnaire from their family member or support worker

This is what we found out

## How many people have a Health Action Plan?



Out of 25 people,

16 people said they have not got a Health Action Plan

5 people said they have got a Health Action Plan

4 people said they were not sure

## Do people update and follow their Health Action Plan?



Of the 5 people who said they have a Health Action Plan ,

3 people said they follow and update their Health Action Plan

2 people said they do not follow and update their Health Action Plan

## Who helps people to fill in their Health Action Plan?



3 People said their support worker and family member helped them complete it

1 person said their support worker helped them complete it

1 people said a member of the Community Learning Disability Team helped them complete it

## Do people need more help to understand their Health Action Plan?



15 people said they would like more help to understand it

4 people said they would not like more help to understand it

6 said they were not sure

## Conclusion

Everyone should have a Health Action Plan, but this report shows that most people do not have one.

Most people have help to complete their Health Action Plan from their family member and support worker.

The report shows that a lot of people don't understand their Health Action Plan, and would like more help to understand it.