

**Task Group name: Mental Health Task Group**

**Date of meeting: 20/8/18**

**Name of note taker: Adelaide Boakye-Yiadom** ([Projects and Outreach Worker HWK](#))  
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## **1. Who attended?**

Tony Williams, Chair MHTG (TW)

Maria O'Dwyer (MO)

Rob Robb (RR)

Jill Dempsey (JD)

Alan Moss (AM)

Ann Plummer (AP)

Lorian Mead (LM)

Chelliah Lohendran (CL)

Sarah Thomas(ST)

Apologies: - Sheena Crankson (SC)

## **2. What was discussed?**

2.1 Everyone introduced themselves.

2.2 The group went through the actions of the previous meeting and also those from the iCope Workshop held on the 13<sup>th</sup> of July and the iCope Review Update Meeting held on the 19<sup>th</sup> of July.

2.3 ABY reported that on item 3.1 Toni Michaelides has been invited to the next task group meeting on the 15<sup>th</sup> of October and item 3.2 we are waiting to establish the

exact timeframes for the retendering of the iCope service. The task group have been informed by Rachel Rowan that this will be after the CCG's next finance meeting which will be held in October.

- 2.4 All other actions from the previous meeting were noted as completed.

iCope workshop held on 13<sup>th</sup> July 2018

- 2.5 iCope - this is the national Improved Access to Psychological Therapies (IAPT) programme and is delivered by Camden & Islington NHS trust from Hollyfield Road in Surbiton. It was decided at the Task Group in April 2018 that the research project would a review of this service which will be retendered in 2019. As part to this review a workshop and update review meeting have been held.
- 2.6 This session was attended by affiliates involved in the iCope Review research and ABY stated that on item 4.1 that RR has confirmed his involvement in the working group, and on item 4.3 a draft poster for the review was circulated to the group.
- 2.7 On item 4.2 TW reported that the task group had been offered the use of the local libraries across the different wards in the borough to carry out the interview sessions.
- 2.8 JD mentioned a user -focused evaluation by Rethink of the IAPT services in London that she had come across, she sent this report to ABY who circulated it to the working group.

iCope Review Update Meeting - 19<sup>th</sup> July 2018

- 2.9 This meeting was held by TW and attended by ABY, MO, Alexa Edgely (AE) and Bella Holmes a HWK Work Experience Student. It was agreed that the iCope Service will: -
- Promote the questionnaire online on their website and in a paper format in the waiting areas of the service
  - Review and have an input into the questionnaire
  - Provide affiliates carrying out the research access to the service and relevant information/ national guidance
- 2.10 It was also agreed that ABY send MO and AE the dates of future task group meetings and to add them to the HWK mailing list.
- 2.11 TW circulated a copy of the Rethink questionnaire along with a draft questionnaire composed by ABY consisting of the questions drawn up at the workshop by the working group along with his comparison of these 2 documents.

2.12 The following were agreed: -

Both questionnaires have their pros and cons, but HWK questionnaire is too long and needs to be shorted, the ideal product is the hybrid on the two. The main areas that were identified that need to be included are

- ease of access
- communication/timelessness
- outcomes of the treatment
- suggested improvements
- demographics (age, sex, orientation etc.)

2.13 There is no official deadline but TW stated that the research needs to be completed by the mid December 2018 if the objective is to be achieved by end of March 2019.

2.14 The group felt that the telephone interviews and focus groups are other options which should be considered when carrying out the research.

### **3. What are the actions, by who and by when?**

- 3.1 ABY to rewrite a hybrid version of the HWK and Rethink which will be recirculated to the working group and sent to iCope service for their input.
- 3.2 TW to produce a draft process document for the review and share as appropriate.

**NEXT MEETING DAY 15<sup>TH</sup> OCTOBER 11AM TO 4PM**

**Signed as accurate by the Chair:**

**Date:**