

## Mental Health and Wellbeing Strategy Implementation Group

**Wednesday 27<sup>th</sup> June 2018, 1pm - 4pm**

Quaker Meeting Room, Kingston Quaker Centre

Fairfield East, Kingston upon Thames, KT1 2PT

### DRAFT MINUTES FOR APPROVAL

**Present:**

Stephen Bitti, HWK Chief Officer (Chair)	SB	Laila Awda, HWK Projects & Outreach Officer (minutes)	LA
Liz Trayhorn, Mental Health Lead, Public Health, Royal Borough of Kingston	LT	Tony Williams, HWK Active Affiliate & Chair of the Mental Health Task Group	TW
Rachel Rowan, Kingston Clinical Commissioning Group, Mental Health Commissioner	RR	Sue Ilsley, Mind in Kingston	SI
Alan Moss, Kingston Mental Health Carers' Forum	AM	Tony Baden, Kingston Samaritans	TB
Alexa Edgley, Clinical Lead, Kingston iCope and PCMHT	AE	Gill Fletcher Meloun, Fircroft Trust	GF
Angus Gartshore, Interim Divisional Director, Community Mental Health Services, Camden & Islington NHS Foundation Trust	AG	Iain Richmond, Service Manager - Mental Health, Kingston Adult Social Care	IR
Darren Fernandes, Co-production Lead, South West London & St Georges Mental Health Trust	DF	Karen Penny, Kingston Voluntary Action	KP
Amanda McGlennon, Head of Mental Health Commissioning, Richmond & Kingston CCG	AG	Gayle Lowery-Jones, Hestia	GL
Hamid Rahmanian, Camden & Islington NHS Foundation Trust	HR	Paolo Resteghini, MET Police	PR
Lotte Van Kouwen, Achieving for children	LV	Christopher Snelling, MET Police	CS
Million Joseph, Hestia	MJ		

No.	Item	Action
1.	<p><b>Welcome, introductions and apologies</b></p> <p>1.1 The Chair (Stephen Bitti, HWK Chief Officer) welcomed everyone to the meeting and all attendees introduced themselves.</p> <p>1.2 Apologies were received from Kathryn Prout, Kathryn Ingham, Andy Rogers, Stephen Taylor, Gillian Moore, Helen Raison, Kate Dudley, Phyllis Prendergast-Flynn, Andrea Biggs, Andrew Osborne, Angus and Richard Dalton, prior to the meeting.</p>	
2.	<p><b>Approval of minutes (meeting held 02.05.18)</b></p> <p>2.1 An amendment needs to be made to the previous minutes where the name Daniel Barret should have been used, not Daniel Barton. LA to amend.</p> <p>2.2 No other comments were made and the minutes of the previous meeting were approved.</p>	2.1 LA
3.	<p><b>Outstanding actions report (meeting held 02.05.18)</b></p> <p>3.1 The meeting went through the outstanding actions report.</p> <p>3.2 It was noted that item 6.2 regarding a joint bid for 'Peer Fest' has now been completed and that DF will look at applying for it next year.</p>	
4.	<p><b>ToR re-draft &amp; approval</b></p> <p>4.1 The redrafted ToR was presented to the group</p> <p>4.2 There were some suggestions about necessary amendments such as including a mention of the group responding to national issues, and having some flexibility in terms of what is dealt with by the group.</p> <p>4.3 The group agreed that under the aim section the document should state: "facilitate a gap analysis...to 'support' instead of 'alongside'."</p> <p>It was agreed that Your Healthcare should be added to the membership section.</p> <p>4.4 The meeting agreed to review the ToR redraft and send any amendments to LA by next Wednesday 4<sup>th</sup> July. Once this has happened the document can be sent to RR for the CCG to sign off.</p>	4.3 SB  4.4 ALL
5.	<p><b>Thrive Kingsnton One Year On: Next Steps</b></p> <p>5.1 There was a group discussion about the event that took place last Wednesday and how to progress matters raised there.</p> <p>5.2 It was raised that lots of organisations who attended had not made the TTC employers pledge, and that one of the priorities will be to get employers to sign up.</p>	

	<p>5.3 It was reported that the notes from the event workshops will be put together into a report and circulated.</p> <p>5.4 There were no other thoughts on next steps reported.</p>	5.3 LT
6.	<p><b>Implementation Plan Gap Analysis update / Implementation Plan Priorities 2018-19</b></p> <p>6.1 An update was given on the work done on next years 5 priorities. The question was posed to the group of whether they are the right priorities, and how the MHSIG can make them happen.</p> <p>6.2 There was a discussion about the 5 priorities proposed, and the accompanying document that was presented to the group. It was suggested to remove the elements already done from the document to make it simpler, and show more clearly where the focus is needed. It was suggested that there should be a source document and a working document.</p> <p>6.3 It was suggested that a document should be put together for service users to tell them about what the plans for the MHS are. There are some good examples of reporting in this format from Thrive London. It was agreed that a sub group would be set up to look at how this might be done and to work on the priorities document further.</p>	6.3 LT SB
7.	<p><b>Peer Support Sub Group update</b></p> <p>7.1 An update was provided by DF.</p> <p>7.2 DF advised he has continued to engage peer support organisations. At present there are 15 attendees every couple of months. The attendees are mapping existing groups and looking for more and developing a framework of what peer support is for each organisation. The peer support framework document is at the first stage. DF will circulate a list of organisations on the group, as well as the peer support framework paper for this group to view and feed in ideas.</p>	7.2 ALL, DF
8.	<p><b>Time to Change Kingston</b></p> <p>8.1 There was a group discussion about establishing a TTC Kingston Steering Group, recruiting champions, and the roles and responsibilities of the TTC Hub and Hub Coordinator (HWK).</p> <p>8.2 It was noted that producing the TTC Kingston hub bid due in Autumn 2018 will be important as the funding could help facilitate and manage champions, which are a key part of the TTC agenda. It was explained that there was a previous bid for funding made to TTC that was not successful. The previous feedback from TTC on this application was that it was more from an organisational view and should be from a more grassroots view. Therefore, in this round it will be important to involve people with lived experience of mental health.</p>	

	<p>8.3 LT will circulate the bid guidance and criteria to the group. All attendees were advised to share with their networks and email comments and ideas about the bid, how the hub can recruit champions and any other thoughts.</p> <p>8.4 It was stated that the TTC Kingston Hub Coordinator's role (HWK) will be to support TTC champions, host local Kingston TTC partnership activities, information, events etc online. The group agreed the need for</p>	8.3 ALL
9.	<p><b>Thrive London update</b></p> <p>9.1 Following the last MHSIG, SB and LT met with Daniel Barrett and spoke about how they could work together.</p> <p>9.2 The meeting was informed about 'Thrive London Champions', who have a focus on MH promotion.</p> <p>9.3 TW mentioned that there will be a 'Perfectly Norman' event taking place at the Hook centre to support parents and children in matters around MH and wellbeing.</p> <p>9.4 It was agreed that if the group were to recruit for Thrive Champions as well as TTC Champions this may confuse people. It was agreed to focus on advertising TTC Champions initially.</p> <p>9.4 The meeting was advised that there may be Youth mental health first aid made available through Thrive London funding. Daniel will be asked for an update.</p>	
10.	<p><b>AOB</b></p> <p>10.1 SB advised the group to send any ideas in for the agenda / future of this group to himself or LA prior to the next MHSIG meeting.</p> <p>10.2 TW updated the group about a meeting that took place where it was decided that RBK's cultural strategy will be mapped against the Thrive Strategy</p> <p>10.3 It was suggested that Doreen, Kingston and Richmond Children's Commissioner, should be on the invite list to these meetings</p>	10.1 ALL    10.3 LA
11.	<p><b>Dates of next meetings:</b></p> <p>Wednesday 22<sup>nd</sup> August 2018 1.30pm - 5pm</p> <p>Wednesday 17<sup>th</sup> October 2018 1.30pm - 5pm</p> <p>Thursday 13<sup>th</sup> December 2018 1.30pm - 5pm</p> <p>Wednesday 6<sup>th</sup> February 2019 1.30pm - 5pm</p>	