



AGENDA

Kingston Mental Health and Wellbeing Group

(Formerly the 'Thrive Kingston' Mental Health Strategy Planning and Implementation Group / Covid-19 Mental Health Recovery Strategy Group Meeting)

Tuesday 4th November 2025, 10.30am – 12.30pm

Meeting Link: [Join the meeting now](#)

No.	Item	Lead / Presenter	Time slot
1	Welcome, apologies and introductions (10 mins)	Stephen Bitti, Healthwatch Kingston, CEO, Independent Chair	10.30 – 10.40
2	Notes and actions from Wed 20th August 2025 meeting (10 mins)	Sam Pile, NHS SWL ICB, Business Support Officer	10.40 – 10.50
3	Update from K&R Mental Health Committee (discussion regarding priorities) (20 mins)	Fiona Lewis, NHS SWL, Senior Transformation Manager – All Age Mental Health (Kingston)	10.50 – 11.10
4	Help us review and build our forward Plan Share refreshed terms of reference (40 mins)	Stephen Bitti, Healthwatch Kingston, CEO, Independent Chair Sam Pile, NHS SWL ICB, Business Support Officer	11.10 – 11.50
6	AOB - Online access to group work (10 mins)	Stephen Bitti, Healthwatch Kingston, CEO, Independent Chair	11.50 – 12:00
7	Date of next meeting: - Tuesday 9 th December 25 - combining this meeting with Healthwatch Kingston Public meeting		Close 12.00