



AGENDA

Kingston Mental Health and Wellbeing Group

(Formerly the 'Thrive Kingston' Mental Health Strategy Planning and Implementation Group / Covid-19 Mental Health Recovery Strategy Group Meeting)

Wednesday 25th February 2026, 10.30am – 12.30pm

Meeting Link: [Join the meeting now](#)

No.	Item	Lead / Presenter	Time slot
1	Welcome, apologies and introductions (10 mins)	Liz Trayhorn, RBK, Public Health, Principal: Mental Wellbeing & Older People's Health Improvement	10.30 – 10.40
2	Notes and actions from Tuesday 4th November 2025 meeting (10 mins)	Sam Pile, NHS SWL ICB, Business Support Officer	10.40 – 10.50
3	The Accelerated Career & Employment Support (ACES) service: supporting economically inactive people with mental health problems into paid employment (15 mins)	Victoria Bernard, IAG & Vocational Lead, RBK Amanda Olley, Project Manager Trailblazers & Tutor Lead Creative and Commercial, RBK	10.50 – 11.05
4	Mindful Space Pilot – Kingston Giving (15 mins)	Hicky Clark, Kingston Giving, CEO	11.05-11:20
5	Our Priorities and Forward Planning (30 mins)	Liz Trayhorn, RBK, Public Health, Principal: Mental Wellbeing & Older People's Health Improvement	11.20 – 11.50
6	AOB (10 mins)	Liz Trayhorn, RBK, Public Health, Principal: Mental Wellbeing & Older People's Health Improvement	11.50 – 12:00
7	Date of next meeting: - Wednesday 29 th April 2026		Close 12.00