



Kingston Mental Health and Wellbeing Group

Final (12.09.25) Terms of Reference

1. Purpose

The Kingston Mental Health and Wellbeing Group brings together community and democratic lived-experience voices to review/feedback/inform/advise on the strategic direction of all areas of mental health and wellbeing in Kingston as and when required. It will act as the formal subgroup of the Kingston and Richmond (Place) Mental Health (and Wellbeing) Committee and will support the design, commissioning, provision and evaluation of mental health and wellbeing services in the borough of Kingston. This will include:

- Work with the Kingston and Richmond (Place) Mental Health (and Wellbeing) Committee to identify work areas for discrete Task and Finish Groups and provide any updates on progress against any that we are leading on.
- Review findings from relevant Kingston needs assessments (including those from Kingston's Better Mental Health Joint Strategic Needs Assessment 2022) reports, engagement exercises, other emergent information, and make evidenced-based recommendations for consideration by the Kingston and Richmond (Place) Mental Health (and Wellbeing) Committee.

- Support the implementation of the South London Listens action plan in Kingston.
- Support and assist the implementation of Mental Health aspects of Kingston's Joint local Health and Wellbeing Strategy 2025.

2. Co-production

As a formal subgroup of the Kingston and Richmond (Place) Mental Health (and Wellbeing) Committee, we will be the lead on all co-production related to the SWL All Age Mental Health Strategy and sub groups and any other SWL strategies covering the mental health and wellbeing of Kingston residents (this does not mean we do all of the co-production but that we are initially consulted on any work on coproduction).

Our Kingston subgroup will adopt an outward facing community development approach that aims to be inclusive and treat all participants on an equal basis. It will include both community experts by experience and democratic voices.

3. Membership

- Independent Chair – Chief Executive Officer, Healthwatch Kingston upon Thames
- Deputy Chair – RBK PH Principal: Mental Wellbeing & Older People's Health Improvement/SWL ICB Clinical lead for Mental Health for Kingston
- Secretariat – SWL ICB project officer resource
- Experts by experience
- Community and democratic voices
- RBK Adult Social Care Corporate Head of Service for Mental Wellbeing
- RBK Adult Social Care Corporate Head of Service for ASC Strategy, Partnerships and Transformation/ Lead commissioner for Mental health
- Champions for Change rep
- Kingston Service Director, South West London & St George's Mental Health Trust
- Health and Social Care Manager, Kingston Voluntary Action

- SWL ICB Mental health lead for Kingston
- Director, Kingston Carers' Network
- Kingston Mental Health Carers' Forum
- Director, Mind in Kingston
- Kingston Samaritans
- Hestia
- Fircroft
- Kingston Voluntary Action
- Councillor Mental Health Champion
- BAME mental health partnership rep
- Health Overview Panel Chair
- Head of Children, Youth & Partnerships, Achieving for children
- Education lead, Achieving for children
- Safeguarding lead, Achieving for children
- Kingston Be Well Hub lead
- Kingston Eco-Op
- People with Lived Experience
- Adult Safeguarding
- Other contributors will be invited for specific meetings as required e.g. Secondary Care Clinician, Housing, Employment Support Services, Substance misuse services, South West London Police.

4. Frequency of Meetings

- Currently 6 times per year (this will be reviewed to explore synchronizing with Kingston and Richmond Place Mental Health Committee)
- All members of the group will have the opportunity to suggest items for the agenda up to 2 weeks before the meeting. The final agenda will be sent out 1 week before the meeting.

5. Reporting Arrangements

- The Kingston Mental Health and Wellbeing Group will provide reports to the Kingston and Richmond (Place) Mental Health (and Wellbeing) Committee.

Minutes will be available on the Healthwatch Kingston upon Thames, SWL Integrated Care System and Royal Borough of Kingston's websites.

- The group will receive minutes/ reports from a range of MH groups including:
 - BAME Mental Health Partnership
 - Kingston Suicide Prevention Steering group
 - South London Listens Taskforce
 - Kingston & Richmond Children & Young People's Mental Health Review Implementation Steering Group

Date agreed: 12/09/2025

Date for review: TBC