

# Mental Health Transformation Programme (MHTP)- Update

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# Long Term Plan (LTP)

- The NHS Long Term Plan (LTP) published in January 2019
- Sets out the direction for Mental Health (MH) services in England; including an ambitious vision that CCGs and providers must deliver together to achieve better health outcomes for our local populations.



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## Long Term Plan (LTP)

- 'new community- based offer (that) will include access to psychological therapies, improved physical health care, employment support, personalised and trauma-informed care, medicines management and support for self harm and co existing substance use....and proactive work to address racial disparities'
- In late 2018/19 the Trust worked with SWL Health and Care Partnership (SWL HCP) to develop and agree a mental Health Transformation Programme (MHTP) around community services



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## Key Objective

- 'new and integrated models of primary and community mental health care (which) will support adults with severe mental illnesses'
- Shift to whole person and whole population health approaches
- Renewed focus on people living in their communities with a range of long-term severe mental illnesses and a new focus on people's needs deemed too severe for IAPT but not severe enough to meet secondary care 'thresholds'



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# Principles

Adopting the framework principles will enable people with mental health problems to:

1. Access mental health care where and when they need it
2. Manage their condition or move toward individualised recovery on their own terms
3. Contribute to and be participants in the community



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# Mental Health Transformation Programme (MHTP) 1

- The MHTP is focused around the redesign of working age adult community services and has been structured into four work streams:
  - Access and assessment into services
  - Crisis and home treatment teams- (Crisis pathway)
  - Community mental health/ recovery support teams, including personality disorder, dual diagnosis
  - Community Complex and specialist services including Easting Disorders, , Perinatal, Learning Disability, Trauma and Autistic Spectrum Services





# Mental Health Transformation Programme (MHTP) 2

- The MHTP will be delivered in two phases:
  - Phase 1 Internal work programme
    - (a) reviewing data and developing clinical, operational and workforce models
    - (b) undertaking change readiness and preparation with teams and stakeholders
  - Phase 2: External work programme to pilot and implement changes.



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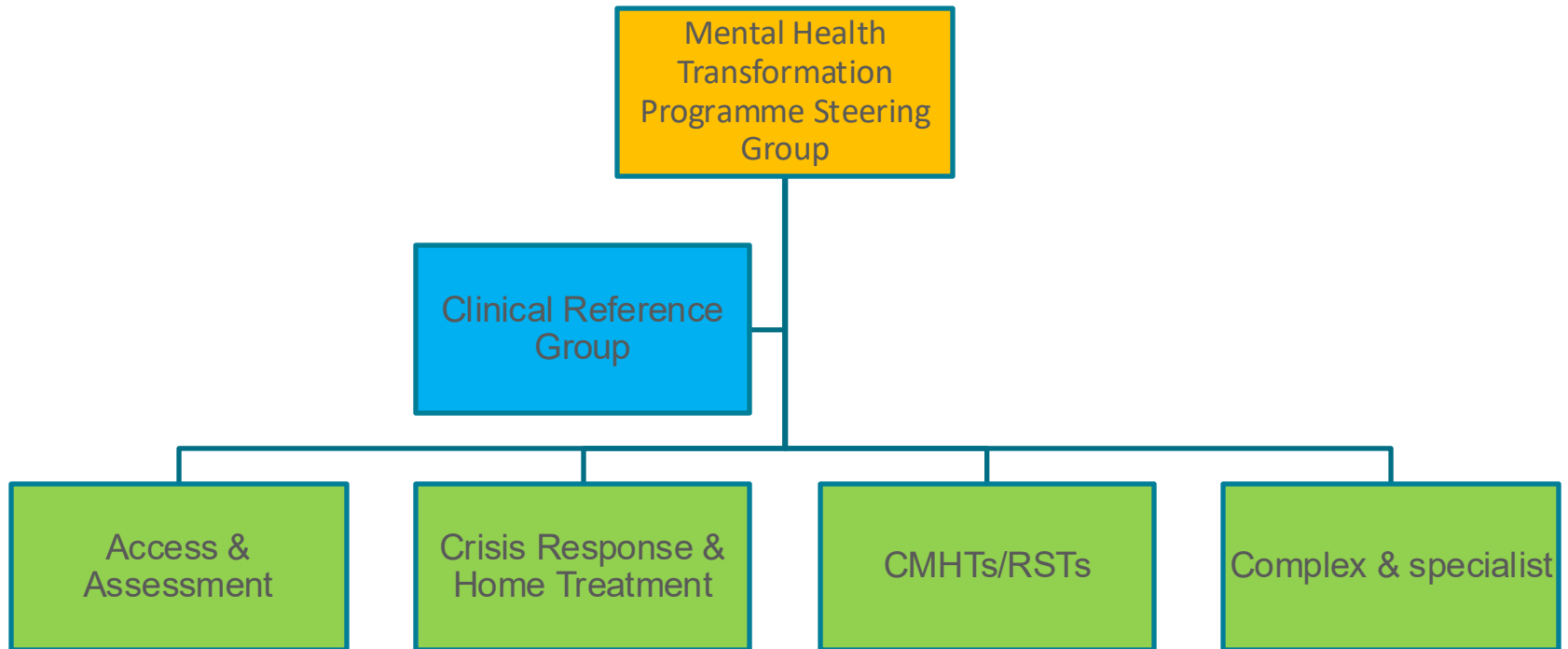
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# Mental Health Transformation Programme - Key deliverables

- Each work stream will deliver:
  - A consistent, evidence-based clinical model.
  - A single operating model across services where not in place
  - Effective flow processes for referral and discharge, joint working and shared care (when appropriate).
  - An effective community surge monitoring tool, using a methodology to express capacity levels in non-inpatient services and an escalation process to communicate these levels to the local and wider health system.
  - Capacity model with clear link to activity volumes.
  - A future-proofed workforce model.
  - Effective management and governance, performance and contracting across assessment services.



# Governance Structure



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## Progress to date

- Steering group has been set up and running
- Clinical Reference group has been set up and running
- 4 x work stream groups have been set up and are running
- 2 x service user and carer workshop have been held with more planned in March
- 2 x staff workshops held with more planned to run in March
- Process mapping of current pathways in progress



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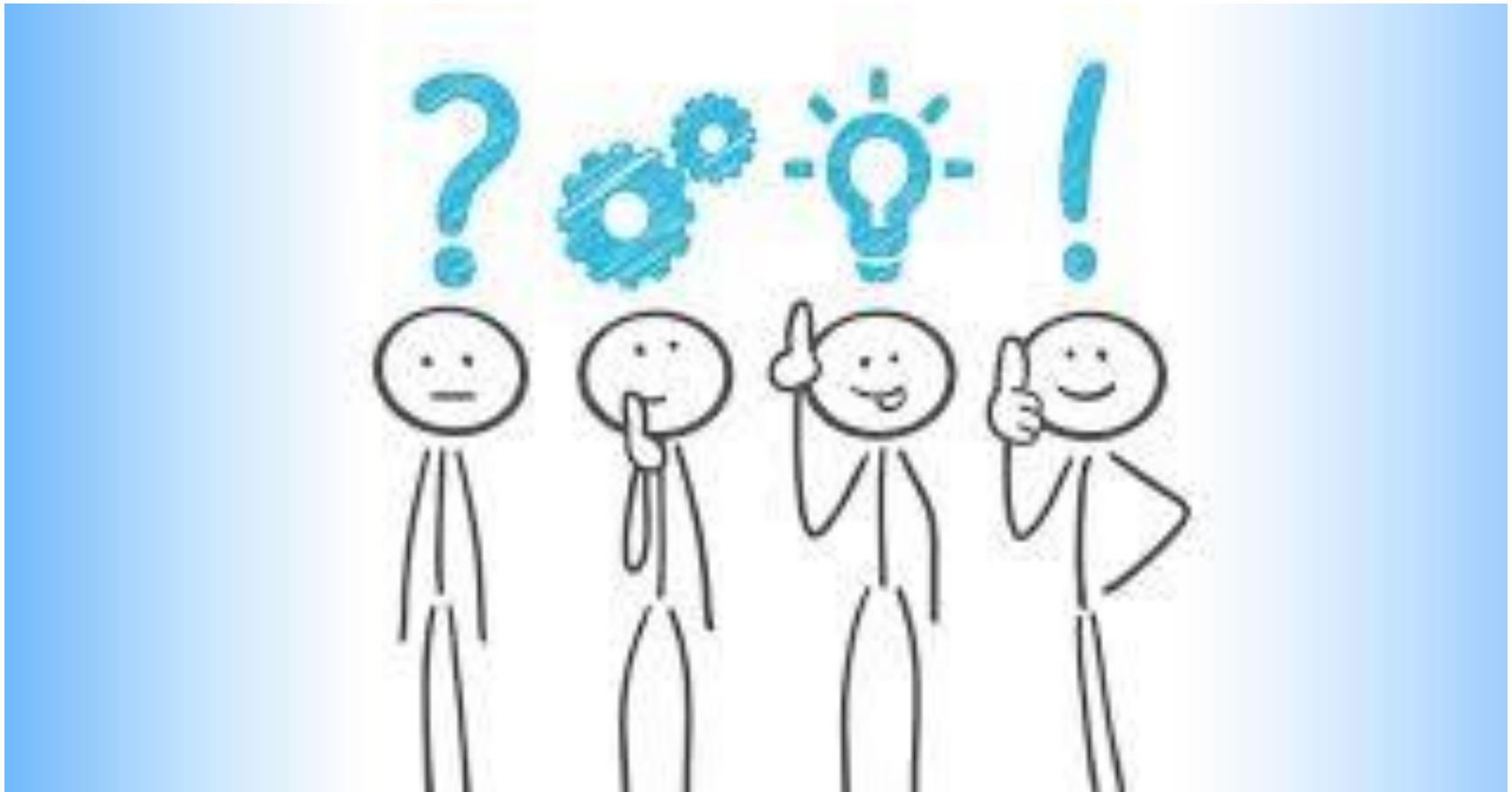
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# Questions



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