



KINGSTON

ALL AGES LEARNING
DISABILITY PARTNERSHIP BOARD

End of Year Report 2021

healthwatch
Kingston upon Thames

End of Year Report 2021

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Foreword

The following report is a snapshot of the work achieved by partners and people with a learning disability, their families, carers and advocates during 2021.

The Partnership Board would like to thank everyone for their ongoing commitment to making Kingston a more inclusive place for people with a learning disability, their families and carers.

We recognise the challenges faced by all during another difficult year.

Inclusion, health and wellbeing should always be at the heart of our work.

We hope that the benefits of collaboration will continue to assist each one of us in achieving more for people with a learning disability in the Royal Borough of Kingston upon Thames.

Stephen, Katie and David

Co-Chairs, All Ages Learning Disability Partnership Board

Kingston Disability Awareness Event

A highlight of this year was the disability awareness event, held in Kingston Market place in September, supported by Kingston Council.

This is the first time since 2019, that organisations were able to come together. Visitors to the Market Square were able to explore a number of stalls from local disability groups, including Kingston Mencap, Eco-Op, Kingston Centre for Independent Living, Kingston Association for the Blind, alongside other local disability organisations and groups.

It was wonderful to see many Councillors and Kingston Council staff in attendance, and the event gained lots of attention from members of the public.

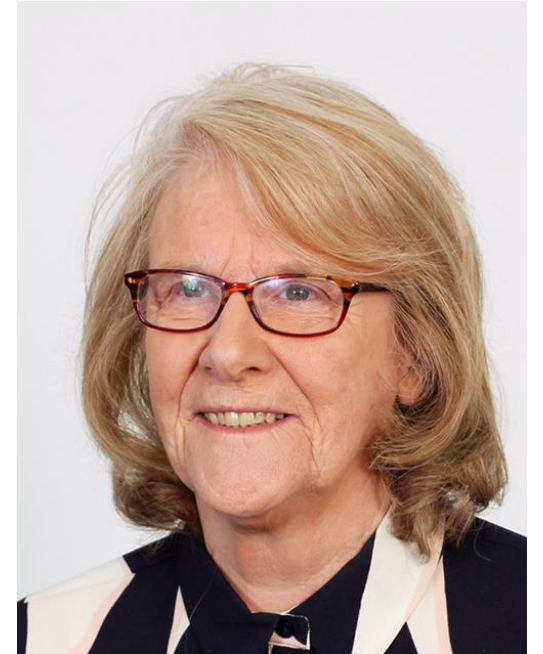


Many thanks to Councillor Christine Stuart, Disability Champion at Kingston Council, for all her hard work to make this event happen, and all her work with championing the needs of disabled people in Kingston.

Councillor Christine Stuart said:

"I am proud to represent such a diverse and inclusive borough, but we still have a long way to go. Disabled people in Kingston face many accessibility issues which a lot of able-bodied people may not even notice.

After such a difficult eighteen months for our communities, we hope to shine a light on some of these issues and experiences faced by many of Kingston's disabled residents through our Disability Awareness Day celebration."





Why do we have an All Age Learning Disability Partnership Board?

To make sure that the All Age Learning Disability Strategy happens.



Because it was promised in the All Age Learning Disability Strategy.

To include the voice of our Learning Disability community.



What do we want to happen?

We want good information and support to make choices and get the right services.

We want information to be available to everyone. This includes people who don't go online or use technology.

We want information to be available in a format that supports everyone.

We want it to be easier for organisations to signpost and promote each other's services and events.



What else do we want to happen?

We want people with learning disabilities to be supported.



We want people with learning disabilities to have good access to health and social care.

We want mental health services that work for people with learning disabilities.

We want to amplify the voices of people with learning disabilities in our work.



Healthwatch Kingston upon Thames is your local health and social care champion.

If you use GPs and hospitals, dentists, pharmacies, care homes or other support services in your area, we want to hear about your experiences.



We are independent and have the power to make sure NHS leaders and other decision makers listen to local feedback and improve standards of care.

We are here to listen to the issues that really matter to people in Kingston and to hear about your experiences of using local health and social care services.



Anything you share with us is confidential. So, if you need advice, or you are ready to tell your story – we are here to listen.

All Age Learning Disability Partnership Board Independent chair and support



We organise the All Age Learning Disability Partnership Board meetings.

These meetings give lots of time for people with learning disabilities to talk about what is important to them.



The Involve team from Kingston Council help us with the meetings.

We have guest speakers at the meetings for example Seeability, and Students from Orchard Hill College and Bedelsford school



Last year we attended lots of events for people with learning disabilities. We went to the Kingston Mencap “Let’s Talk” Zoom meetings, to ask people about how they found getting a Covid vaccines, dental services, and other experiences of health and social care services.

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South West London Clinical Commissioning Group



The Clinical Commissioning Group (CCG) is the organisation that pays for local health services like Kingston Hospital and Your Health Care Community Teams.



The CCG has contracts with health care organisations which are legal documents that say what health organisations must do to care for people.



The CCG also has responsibility for some parts of health care for people with a learning disability such as the Learning Disability Mortality Review (LeDeR).

The CCG oversees all safeguarding in health services making sure that the services have all the right people and are doing the right things for service users who might need support or have safeguarding issues.



South West London Clinical Commissioning Group



The CCG has had some changes and is now one organisation covering the whole of south west London. They still do specific work in separate boroughs like Kingston but most of our work now is joined up across Croydon, Kingston, Merton , Richmond, Sutton and Wandsworth.

The CCG still leads on the Learning Disability Mortality Review (LeDeR) and they have local area contacts who are the safeguarding adults leads and our local reviewers.



There have been changes to the LeDeR system. There is a new website that is run by the NHS where all deaths of people with a learning disability and people with autism get reported.

There is a new national policy called 'Learning from lives and deaths of people with a learning disability and people with autism'.

This policy affects all CCGs and now they have to make changes in how they manage all the reviews and learning from LeDeR.

The CCG will need to have a small team of people from spring next year to work specifically on the LeDeR program.





South West London Clinical Commissioning Group



Annual Health Checks

A target was set to achieve 75% take up for Annual Health Checks.

In 2021 77% of people with a learning disability in Kingston had an annual health check, with 88% for rolling 12 months.

There has been an increase in Annual Health Checks in Kingston and across south west London. ‘

10 out of 696 people with a learning disability registered were recorded as ‘Declined’.

Annual Health Check rates are improving due to the hard work of Dr Claire Armstrong and Sunita at Your HealthCare – well done!





South West London Clinical Commissioning Group

Contact Details



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Kingston Hospital



Kingston Hospital is an NHS Trust that provides medical treatment for people of all ages. This is both inpatient and outpatient services.

They work closely with local and national groups to provide the most up to date care and support for our patients.



They improve services by following the latest legislation and guidance, getting feedback from patients and the general public, getting reviewed by the CQC, and learning from complaints and safeguarding enquiries.



They have different committees / groups leading on different aspects of care. For example Adult Safeguarding Steering Group and Learning Disabilities Collaborative Meeting. We discuss concerns raised and exciting new initiatives we want to bring into the Trust.

Kingston Hospital

The Learning Disability Liaison Team



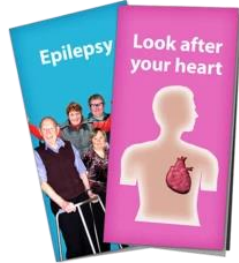
Kingston Hospital now has two learning disability liaison practitioners. They help ensure that people with a learning disability get the care they need

Gracie Holt has been working at the hospital since January. Jessica Cole has been working at the hospital since August. The learning disability liaison team was set up in January 2021. Since then they have had nearly 200 referrals!



Gracie is working on a big project with NHSEI. The project is aiming to improve how reasonable adjustments are recorded. They are working with GPs, Your Healthcare and Hospital departments.

Kingston Hospital



They are working to improve the amount of easy read information that is available. They have linked up with the Macmillan team in the hospital to create an Easy Read page on the website all about Cancer.



They are training all new nurses that join the trust in learning disabilities. Gracie runs a training session on the New Staff Induction timetable.

Gracie also runs a training session on the junior doctors training.



They are setting up a pathway with the hospital and community pharmacists, to make sure that people with a learning disability get a STOMP medication review if they need it.

Contact Details



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KINGSTON ECO-OP



Kingston Eco-op

Kingston Eco-op offers a range of developmental activities for adults who have learning disabilities, mental health problems or other challenges in their lives.

Kingston Eco-op is growing and developing. This year they have increased their activities, client base and staffing. The week now consists of group sessions and individual activities, such as drumming, gardening, Lego, walking and IT skills.

They are also running a Life Skills course on Saturday mornings as a pilot. If this is successful, they hope to continue the course.

Kingston Eco-Op recently introduced an outreach service for people who are isolated and feeling lonely.



Kingston Eco-op

Contact Details



The Searchlight Community Centre, Kingston Road, New Malden KT3 3RX



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Kingston Mencap



Kingston Mencap started the year delivering a wide range of online events to provide information, support and social opportunities.

Kingston Let's Talk, Karaoke choirs, and Quizzes were popular, with good attendance and feedback from service users.



Kingston Mencap took part in the Community Disability Awareness day.

Face to face activities were resumed when possible with the health and safety of users taken into consideration.





Kingston Mencap

Contact Details



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Kingston Council

Health and Wellbeing group members have told us that unpaid carers would like support to plan in case of an emergency, both now (if an unpaid carer is sick for example) and long-term.



Kingston Council is using some money from the Government to support unpaid carers. Carers can now use the Carers Digital resources (details below) to get information that will help them in their caring role. We are also working with carer organisations who will help people who are carers but may not know it yet. This is so they can get the right support.



Carers UK is giving carers in Kingston information to help make carers' caring situation easier. You can find the information for free on their website at <https://www.carersdigital.org/login/index.php> (Your Free Access Code is: DGTL1438).



Kingston Council, working with unpaid carers, Kingston Carers Network, SWL CCG and community and voluntary organisations and also Healthwatch Kingston, is writing a new Carers' Strategy that will cover 2022 to 2027.



Kingston Council

Contact Details



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Involve

Involve is a team of people with a learning disability who work for Kingston Council. They speak up for people with learning disabilities living in the Royal Borough of Kingston.



Members of the team feedback the things that people have said are important to them, for example in meetings at the Council or with Healthwatch at the Partnership Board, so things can be improved for people with a learning disability.



We review documents, e.g. posters, leaflets - and make them easy read. These easy read versions are produced and made available to residents by email and shared on the Kingston Council website.



Involve



JobCentre

Involve held a meeting with the new manager and the staff at the job centre. They are going to work with them in the future.



Disability Awareness Event

Kingston Council held a Disability Awareness event in Kingston in September. Involve had a stall with leaflets and posters.



DAWN (Disability Awareness Wellbeing Network) Meeting

Involve attend the Kingston Council DAWN meeting, they speak up for people with learning disabilities as well as for themselves. They have done presentations at the meetings, on subjects such as mental health.



Involve

Friends Chats

Involve host Friends Chats, which are meetings to stop people feeling lonely and isolated, and provide useful information, on subjects such as keeping safe online and employment. They take place every 6 weeks.



Student Social Workers

Involve did a presentation to student social workers about what life has been like in the pandemic for with people with disabilities, and their experiences with Social Workers.



Meeting Councillors

Involve have been meeting with local Councillors to tell them what the team does and talk about issues for people with learning disabilities.





Involve

Involve Newsletter

This year, Involve started a newsletter about the work they do, and other important information and events for people with learning disabilities. It is sent out every two months, and you can contact the team to have information included.



Easy Read Documents

Involve have made lots of information accessible this year by creating Easy Read Documents:

- Keeping Safe
- Equality
- Diabetes/Healthy Eating
- KAE (Kingston Adult Education)
- Women's Safety
- Letter about Woodbury
- Covid- 19
- Transport
- Housing Tenancy





Involve

Contact Details



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Your Healthcare



Your Healthcare provide community health services to people with a Learning Disability who:

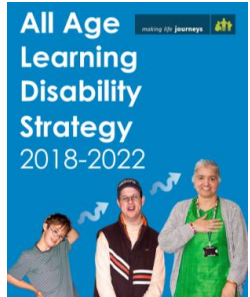
- Are over 18 years old
- Have a Kingston GP
- Have a diagnosis of a Learning Disability

We can start to get to know people when they are 16 years old. This is so we understand their health needs for when they become 18. This is part of the work in Kingston around transition.

We are called the Neurodevelopmental Service and the people working in the team are health professionals. These professions are: Behaviour Analysis; Community Outreach; Dietician; Nursing; Occupational Therapy; Speech and Language Therapy; Psychology; Physiotherapy; and Psychiatry.

We work in partnership with Mental Health services, GPs, community health services, Kingston Hospital and St George's Hospital and others to support good health for people with a learning disability.

Your Healthcare



Your Healthcare go to the Kingston All Age Partnership Board meetings.



Your Healthcare are part of the group that helps communication for people with a learning disability in Kingston.



Your Healthcare are part of the group improving how health and social care work together.



Your Healthcare include a visit to Sessions House as part of our training for new staff, so they meet the social care team.

Your Healthcare



Your Healthcare continue to use the Complex Health Pathway. This helps us support people who have big changes in their health. Everyone on this pathway has a named health professional as a contact to help coordinate our work.



Your Healthcare make sure that we tell people about who our service works with. If we cannot work with them we tell them about other services who might be able to help.



Your Healthcare are working with commissioners, people who pay for the services, to make sure that people with a learning disability can get help with their mental health if they need it.



Your Healthcare encourage people to give us feedback through the Friends and Families Test. We use this feedback to improve our services, and to continue doing the things that we are doing well.



Contact Details



Your Healthcare Neurodevelopmental Services, 22 Hollyfield Road,
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Achieving for Children SEND Local Offer

Achieving for Children is the community interest company co-created by the Royal Borough of Kingston upon Thames to provide their children's services. 2021 has been a very busy year!



We have improved the Local Offer website. It has lots of information about the support available to children and young people with special educational needs and disabilities in Kingston up to the age of 25 years.



We have worked with special and mainstream schools to open more specialist education places in Kingston so that children and young people can go to school as close to where they live as possible.

We have supported schools to help them meet the needs of their children and young people during the additional challenges of the covid pandemic and reached an agreement with the Department for Education to bring more money into Kingston to support the education of children and young people with special educational needs and disabilities.





Achieving for Children SEND Local Offer



This year Achieving for Children have relaunched Kingston's Disability Register so that they can better understand what families need and can share information more easily with them.



We have opened Rainbow House in Chessington, to provide overnight short breaks for children and young people with disabilities.



We have collaborated with Kingston's SEND Parent Carer Forum to make sure that the voices of families are heard so that local services can be as good as they can be and consulted with families about the possibility of opening a new education campus in Kingston for young people with special educational needs and disabilities who are over the age of 16 years.



Achieving for Children SEND Local Offer

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www.kr.afcinfo.org.uk/local_offer

What do you think we should focus on next?

[Have your say and find out about participating in the All Ages Learning Disability Partnership Board.](#)

[Contact: kezia@healthwatchkingston.org.uk](mailto:kezia@healthwatchkingston.org.uk)



Thank You