



KINGSTON
ALL AGE LEARNING
DISABILITY PARTNERSHIP BOARD



Annual Report 2024/25



About the All Age Learning Disability Partnership Board

[All Age Learning Disability Partnership Board](#) is made up of professionals, service providers, people with learning disabilities, and their carers and advocates.

It was set up by Kingston Council, and it is supported by [Healthwatch Kingston](#). It was promised in the [All Age Learning Disability Strategy](#) and one of the key roles is to make sure the All Age Learning Disability Strategy is happening.

The Board is co-chaired by Healthwatch Kingston and local people with learning disabilities. We all work together to improve services for people with learning disabilities.

Our Aims



1. We want good information and support to make choices and get the right services.
2. We want information to be available to everyone. This includes people who don't go online or use technology.
3. We want information to be available in a format that supports everyone.
4. We want it to be easier for organisations to signpost and promote each other's services and events.

Our Aims



5. We want people with learning disabilities to be supported.

6. We want people with learning disabilities to have good access to health and social care.

7. We want mental health services that work for people with learning disabilities.

8. We want to amplify the voices of people with learning disabilities in our work.

All Age Learning Disability Strategy

The Royal Borough of Kingston upon Thames, local health services, and voluntary sector organisations worked together to create a five-year plan called the [All Age Learning Disability Strategy](#).



The strategy ran from 2018 – 2022, and is for children, young people, adults with learning disabilities, and their families. It explains how services in Kingston will support people to live good lives.

The strategy was written together with people who have learning disabilities, their families, health and social care staff, and community organisations. This is called co-production.

All Age Learning Disability Strategy



The strategy shared a clear vision and sets out goals and actions to:

- Give people more choice and control over their lives
- Improve health, independence, and well-being
- Reduce stigma and discrimination

The strategy is based on the [Social Model of Disability](#), which focuses on removing barriers and putting people at the centre of their care and support. The strategy is currently being refreshed.

All Age Learning Disability Strategy

Work on updating the strategy has begun:

The [All Age Learning Disability Partnership Board](#), chaired and co-ordinated by [Healthwatch Kingston](#) is now working with [Kingston Council](#) to refresh the All Age Learning Disability Strategy. This includes looking at the findings from the recent Learning Disability Needs Assessment.



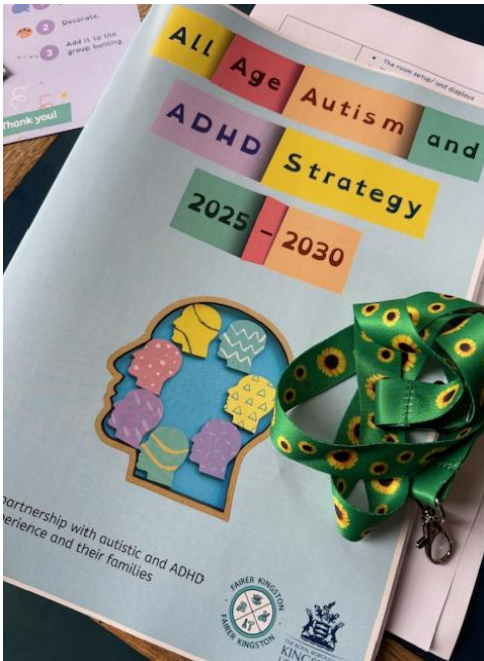
We are at the beginning of this process and we want to hear from people with lived experience – including people with learning disabilities, their families and carers. If you would like to be involved, please contact info@healthwatchkingston.org.uk



We welcome involvement from organisations and groups who support people with learning disabilities or run services they use. To be involved, please email: info@healthwatchkingston.org.uk



Kingston Council



Kingston Council is committed to making life better for people with learning disabilities, autism, and ADHD. The council is working hard to bring positive changes and make sure services are good and easy to use for everyone.

Autism and ADHD Strategy:

Kingston Council launched a new [Autism and ADHD Strategy](#). This plan is about supporting people of all ages who are autistic or have ADHD. The council wants to understand what people need and help them live happy, healthy lives. You can read more about the plan on the [Kingston Council website](#).

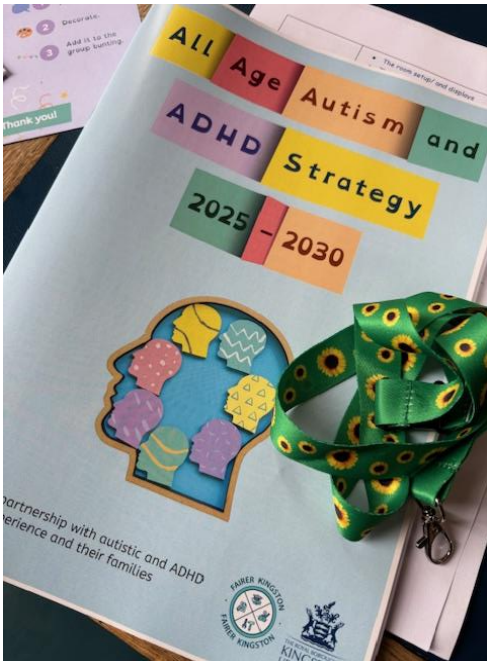
Kingston Council

Get Involved – Have Your Say:

There is a new webpage called [‘Get involved and have your say’](#). This page helps people share their views and ideas about adult social care. The All Age Learning Disability Partnership Board is part of this. Easy Read and non-digital versions of this information will be available soon to help everyone take part.

Kingston Disability Network:

The [Kingston Disability Network](#) is a group that supports people with all kinds of disabilities across the borough. It helps people connect, share information, and work together to improve local services. The network also raises awareness about the challenges Disabled people face and promotes inclusion in the community. The council works closely with the Kingston Disability Network to make sure people’s voices are heard and their needs are met.





Kingston Council

Sunflower Scheme:



The [Sunflower Scheme](#) is now in its second year in Kingston. It helps people with hidden disabilities, like autism or ADHD, by giving them a special sunflower lanyard. This lets others know they might need extra support or understanding.

Active 4 All Network:



The [Active 4 All Network](#) is another important group that helps Disabled people take part in sports and activities. It's a great way to meet others and stay active.

Kingston Council continues to listen to the community and work together to make sure everyone can live their best life.



Kingston Council

Contact



Guildhall, High Street, Kingston Upon Thames KT1 1EU



0208 547 4700



@contactkingston



www.kingston.gov.uk

Healthwatch Kingston

[Healthwatch Kingston](#) is the independent champion for people who use health and social care services in Kingston area.



We listen to the views and experiences of local residents, ensuring their voices are heard by decision-makers and service providers. Our goal is to help improve the quality of health and social care services by gathering feedback, identifying issues, and advocating for positive change.

Healthwatch Kingston continues to be committed to involving people living with a learning disability, their families, carers, and advocates in our work.

Healthwatch Kingston

Raising the voices of people with learning disabilities



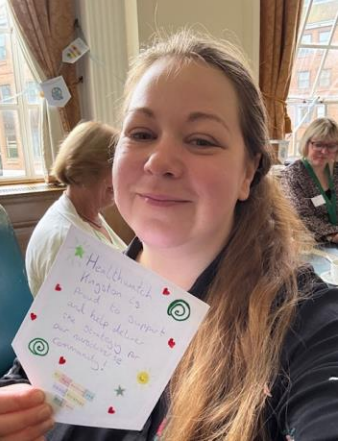
We continue to speak to, and work with, people with learning disabilities, ensuring that health and social care providers understand the barriers faced by people with learning disabilities and their families and carers.

Healthwatch Kingston co-chairs and organises the [All Age Learning Disability Partnership Board](#) meetings. These meetings give lots of time for people with learning disabilities to talk about what is important to them.

The Involve team from Kingston Council help us with the meetings.

Healthwatch Kingston

Supporting the Autism and ADHD Strategy



We have been involved in shaping Kingston's new five-year strategy to improve support for autistic people and those with ADHD. This strategy was co-produced with over 240 local residents, including autistic people, people with ADHD, and their supporters. Healthwatch Kingston played a role in gathering feedback and ensuring that the voices of people with learning disabilities were heard in the development of this strategy. [Read about our involvement more here.](#)

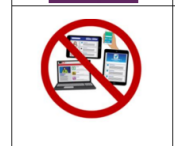
Kingston Safeguarding Voices



We have set up our new group [Kingston Safeguarding Voices](#) which gives the public a voice in how safeguarding works in Kingston. The group is for any member of the public who has experience of the safeguarding service or supports someone who has needed support, as well as professionals.

Including Digitally Excluded – Easy Read

What we did and why did we do it:

	Healthwatch Kingston is here to make care better. We speak up for people who use health and social care services. There is a local Healthwatch in every area of England. We listen to the views of local people. We share these views with professionals to improve services. We encourage services to involve people in deciding how they should improve.
	Care Quality Commission checks services like hospitals, doctors' surgeries and care homes to make sure they are giving good health and social care to people.
	Digital exclusion means not having access to, or finding it difficult to use things like computers, smart phones, tablets and the internet. Some people may not have enough money to buy a computer, or they may choose not to engage digitally.

Including Communities and Including Digitally Excluded Reports

We published our [Including Communities](#) and [Including Digitally Excluded](#) reports, and we returned to the groups who had supported our engagement, this included [Kingston Eco-op](#).

We shared our Easy Read versions of both reports and asked what questions we could ask during our engagement to understand the [health and care needs of socially isolated, physically Disabled adults](#).

Healthwatch Kingston

Addressing Social Isolation for Physically Disabled Adults

We worked with the [Kingston Centre for Independent Living](#) to hold four community workshops. These workshops helped us learn about the health and care needs of physically Disabled adults who feel lonely or left out.



People with learning disabilities also took part in these workshops. We know that some people have more than one disability, and this was important to understand.

During the workshops, we found some problems that stop people joining in community life. These include buses and trains that are hard to use, not enough information about services, and people feeling judged or treated unfairly. Our work showed how important it is to create places and activities where everyone feels welcome and can make friends. You can read our final report [here](#).

Healthwatch Kingston

Change NHS: What Adults with Support Needs Told Us



We visited Kingston Eco-op 3 times to engage on the 3 big changes proposed in the NHS' ten-year plan. People understood the need to reduce pressure on hospitals and GPs but wanted a choice between being in a hospital or a virtual ward and preferred seeing their GP face-to-face.

The group liked having some services move away from the hospital. They remember vaccines in the community working well for them. They also said they would prefer practical support to make healthy choices such as help preparing meals.

Healthwatch Kingston



What is next

Healthwatch have engaged with members from [The Larch](#) group and [Involve](#) to record their thoughts on grief and bereavement for adults with autism and ADHD. The recordings will be published later in 2025.



YOL! ([Youth Out Loud!](#)) is a group of young people from Kingston and Richmond who are supported by Healthwatch Kingston. They use their voices to make health and care services better for young people. Some of YOL!s work involves young Disabled people and their families. Later in 2025, YOL! Is making about young people with learning disabilities and grief.

Healthwatch Kingston

What is next



YOL! and Healthwatch Kingston will work together to create a short information film on grief and bereavement from the perspective of young people living with a learning disability. The new project will accompany the Youth Out Loud! 2024 film that is already published on grief and bereavement. You can watch the first short film [here](#).



Kingston Safeguarding Voices will create an Easy Read version of the Kingston Safeguarding Adults Board annual report. Kingston Safeguarding Adults Board is a group of professionals like the NHS, Kingston Council, the police, hospital, fire service, Healthwatch Kingston and more who work together to make sure services are doing what they can to keep people safe in Kingston. Every year they write an annual report so the public can see what the Board has done. This year we will turn it into Easy Read so more people can read it.

Contact



Suite 3, 2nd Floor, Siddeley House, 50, Canbury Park Road,
Kingston upon Thames KT2 6LX



0203 326 1255



info@healthwatchkingston.org.uk



www.healthwatchkingston.org.uk

Kingston and Richmond Hospital



Learning Disability Liaison Team at Kingston and Richmond Hospital

The learning disability liaison team was set up in January 2021 and has had over 1000 referrals since then. In 2024 we had 289 referrals! More information can be found [here](#).

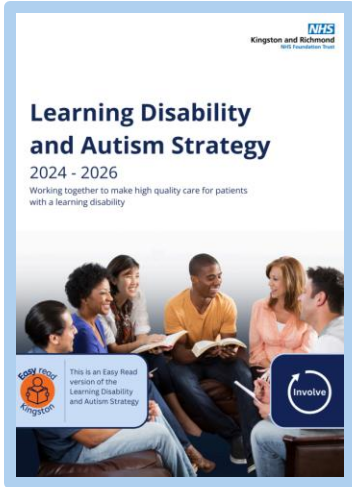


Kingston Hospital has merged with Richmond Community Healthcare Trust . This is now called Kingston and Richmond NHS Foundation Trust. This is so we can work closely with the community.

Kingston and Richmond Hospital

Learning Disability Liaison Team at the hospital

In 2024 we made our Learning Disability and Autism strategy. The Involve Kingston team have made an Easy Read version of this.



We have set up a joint Learning Disability and Autism Steering Group with the team at [Your Healthcare](#).

The Carers clinical liaison was set up and has had over 800 referrals. This helps support carers of people while in hospital and at home.



Kingston and Richmond Hospital

Projects in the hospital:

We have worked on lots of projects including:



Sage and Thyme:

One staff member has completed the Sage and Thyme facilitator training to teach staff skills for talking to worried or distressed people.

Improving end of life care:

There is now a case study used for Palliative care training involving a person with a learning disability.

Reasonable adjustments:

We are working with the Patient experience team to look at how reasonable adjustments are recorded. The new flag to tell staff of the need for adjustments should be working by 2025.



Kingston and Richmond Hospital

Projects in the hospital

We have worked on lots of projects including:



Transition:

We have a new Transition support worker in the hospital who works with people aged 11-25, this is a one-year trial.



Oliver McGowan Mandatory training:

86% of staff have done the E-learning we are still rolling out the face-to-face training.



Easy Read information:

We have worked with Involve Kingston to make Easy Read leaflets which are on our website for staff to use.

Kingston and Richmond Hospital

Contact



Learning Disability Liaison Team
Kingston Hospital, Galsworthy Road, Kingston Upon Thames, KT2 7QB



0208 934 6895



Krft.learningdisabilityteam@nhs.net



www.kingstonhospital.nhs.uk

South West London LeDeR Programme



LeDeR is the name given to the work that reviews the lives and deaths of people with a learning disability and autistic people. The reviewer finds out about their care and why they died.



LeDeR has found that people with a learning disability and autistic people do not always get good healthcare.



People with a learning disability and autistic people sometimes die younger than other people from illnesses that they could have got better from.

South West London LeDeR Programme



Last year, in Kingston, the LeDeR Team had 12 notifications of people with a learning disability and autism who had died.



In Kingston we have reviewed 8 deaths, 7 people had an annual health check which helps make sure any signs of illnesses like cancer and diabetes, or breathing and heart issues are spotted early



All deaths are discussed with local partners to plan how to make services better for people with a learning disability and autism.

South West London LeDeR Programme



The LeDeR Team in Southwest London helps health and care staff learn more about how to:

- Support people with a learning disability and autistic people to be healthy and well
- Stop people with a learning disability and autistic people from dying too young



You can find out more about: the NHS England LeDeR programme at **leder.nhs.uk**

South West London LeDeR Programme

More information on LeDeR can be found on the below websites.

NHS England information page on LeDeR programme



[NHS England » Learning from lives and deaths – people with a learning disability and autistic people \(LeDeR\)](#)

LeDeR National annual report



[Learning from Lives and Deaths – people with a learning disability and autistic people \(LeDeR\) | King's College London](#)



South West London LeDeR Programme

For further local information on the LeDeR, contact the Integrated Care Board on the number and website below



020 3880 0308



<https://www.southwestlondon.icb.nhs.uk/>



The Neurodevelopmental Service comprises of three separate services:

- Service for adults with a learning disability
- Autism Spectrum Disorder (ASD) Service
- Kingston Attention Deficit Hyperactivity Disorder (ADHD) Service

Services for adults with a Learning Disability

This service provides specialist advice and support for people with a learning disability, their carers and/or families.

The service is provided by a multidisciplinary team:

- Behavior Analysis including Positive Behaviour Support (PBS)
- Clinical Psychology
- Dietetics
- Psychiatry
- Speech and Language Therapy
- Nursing
- Physiotherapy





Some highlights from 2024-25

Occupational Therapy:

Made a checklist list of hobbies and interests to help people choose new activities to enjoy.



Speech and Language Therapy:

Helped with clear and kind communication about death and dying.

Behaviour Analysts:

Took part in a study to help people that have behaviours that are challenging, so they can get the right support to live a happier and safer life.





Some highlights from 2024-25

Psychology and Psychiatry:

Started a clinic where families could talk, get therapy and advice.



Pilot of Super 7:

People in the group had fun while learning how to stay fit, eat well and be healthy.



Adult Autism Service:

Took part in an exhibition of art made by people with learning disabilities at the [Stanley Picker Gallery](#).

Contact



Your Healthcare

Neurodevelopmental Services, 22 Hollyfield Road, Surbiton, KT5 9AL



020 8339 8005



swlicb.nds@nhs.net



www.yourhealthcare.org



Kingston Eco-op

LEARN ABOUT OUR
ACTIVITIES AND
GROUPS

OPENING TIMES:

MONDAY TO FRIDAY

9:30 TO 3:30



Kingston Eco-op offers a range of developmental activities for adults who have learning disabilities, mental health problems, or other challenges in their lives.

As [Kingston Eco-op](#) goes from strength to strength, we have increased our number of attendees and therefore the staff, which in turn means we have been able to increase our delivery of activities. Please see our updated brochure for information on what we do.

YOUR DAYS
AT ECO-OP



**KINGSTON
ECO-OP**



Kingston Eco-op

LEARN ABOUT OUR
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OPENING TIMES:

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YOUR DAYS
AT ECO-OP

As well as the daily activities, we go to the seaside once a year and take part in several other community outings. In addition, 2024 saw a trial of more outings, and during the summer we went to Kew Gardens, Hampton Court, the Bus Garage Open Day, Canbury Gardens, and Mercedes-Benz World. The outings are always popular and enjoyed by everyone. In November, we had the honour of helping the British Legion sell poppies and raise funds.



Kingston Eco-op

GROUPS

Our group activities are a sociable way to learn new skills and have fun together!

Accessible Cycling - Monday and
Wednesday, 12 to 1pm

Health Club - Monday pm

Walk Club - Tuesday am

Wood-craft Wednesdays - am

Beyond words book club
Tuesday am, Friday am

Drumming - Friday, am



CLASSES

We have a variety of classes available at Eco-Op, run in partnership with RHACC. You can only join a class at the beginning of the term and have to attend each session to complete the course.

Art Class - Monday, 10am to 12.00pm
IT Class - Tuesday, 1pm to 3.15pm
English Class - Thursday, 10am to 12.30pm
Maths Class - Thursday, 1pm to 3.00pm



We have started to hold a Christmas and Summer Fayre to raise funds for more outings. Next year, we will do the same and are also planning a sponsored walk!

Our front-line staff deliver a wonderful selection of activities throughout the week. Alongside our regular activities, this year we introduced yoga, chair-based exercises, and a new Health Club. The Health Club helps people look at all aspects of their health, from weight management to looking after their teeth, to heart care.



Kingston Eco-op

GROUPS

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Accessible Cycling - Monday and
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Health Club - Monday pm

Walk Club - Tuesday am

Wood-craft Wednesdays - am

Beyond words book club
Tuesday am, Friday am

Drumming - Friday, am



We have some lovely new volunteers who, together with staff, run a book club and a meditation session.

We hugely appreciate the partnerships we have and give special thanks to:

- RHACC for delivering the classes
- Wheels 4 All for the accessible cycling
- RBK for continuing to part-fund the Larch Club
- All our donors and supporters who make the community trips and parties possible

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Kingston Eco-op

Contact



Searchlight Community Centre, Hammerton Way, New Malden. KT3 3DU.



07393378833



leeni@kingstoneco-op.org.uk



www.kingstoneco-op.org.uk



Involve



Involve is a team of peer advocates who work for Kingston Council.

We support people with disabilities who live in the borough of Kingston.

Our job is to help people speak up and have their say about things that are happening in their local area.

We help people feel more confident to talk about things like:

- Finding a job
- Staying safe
- Getting involved in the community





Involve



We also give people a chance to make friends and feel less alone. Because we have similar life experiences, we understand the people we work with.

We use what we know to share ideas, give support, and speak up together.

Involve is here to connect the community and the council, so that everyone's voice can be heard.





Involve

What the Involve Team Did This Year (2024–2025)

Working with South Western Railway:



We created an Easy Read leaflet for South Western Railway. It helps staff on trains and at stations understand how to support people with learning disabilities and autism. We also took part in stakeholder meetings with South Western Railway to learn about the work they are doing and their future plans.

Helping Shape Local Services:

We shared our views to help shape the Autism and ADHD strategy. We also visited Hillcroft College in Surbiton and Richmond to learn about the courses they offer for people with learning disabilities and autism.



Involve

What the Involve Team Did This Year (2024–2025)



Community Involvement:

We attend the Kingston disability Network to speak up about what is happening in the community for people with additional needs. We also gave a presentation at the Larch Club, to tell people with autism about the work we do at Involve Kingston.



Involve



Fun Online Activities

We continue to run our popular online quiz, bingo, and karaoke sessions for people with learning disabilities and autism. These sessions are fun and a great way to stay connected.





Involve

Easy Read Documents

Since April 2024, we have made many Easy Read documents, including:



- Complaints policy
- Adult social care complaints form
- Improving Health and Wellbeing in Kingston
- VAWG and Safer Kingston Partnership Plan
- Finding a job and volunteering
- Finding a house
- Social and community activities
- Your Cambridge Estate
- An Easy Read guide to voting
- Transitions Protocol
- These documents help people understand important topics and services.



Involve

Contact



Guildhall, High Street, Kingston Upon Thames KT1 1EU



07543 508061



involve@kingston.gov.uk



<https://www.kingston.gov.uk/learning-disabilities-1/get-help-speak-involve-team>



Kingston Mencap



Kingston Mencap is a local voluntary group for people with a learning disability based at Searchlight Community Centre. Annual Membership is £5 but extra donations are always very welcome.

Here are some of the activities we run, and what we do to make a difference to the lives of people with learning disabilities in Kingston:

- Clubs
- Drop In sessions
- Activities
- Events Family Carers Group
- Information & Advice
- Make sure our voice is heard at the Carers Board
- Volunteers sit on All Age Learning Disability Partnership Board





Kingston Mencap

Seekers Club (for age 18+)



- **When:** Monday evening 7pm – 9pm
- **Cost:** £5 per evening
- **Activity:** Mixture of fun activities, sport and games
- **Break:** Tea break in the middle supported by volunteers



Kingston Mencap

Art with Janie:

- **When:** Thursday morning
- **Time:** 10.30 to 12 noon
- **Cost:** £5
- **Lunch:** 1pm, bring a packed lunch, and enjoy the Fulham Foundation session
- **Contact:** Martel 07936359260



Thursday Fun Club:

- **When:** Thursday afternoon
- **Time:** 1pm to 3pm
- **Cost:** £5
- **Activity:** Fulham Foundation deliver a Multisport Session with a tea break. There is also music session either side of this activity to allow for plenty of time to catch up with other members
- **Contact:** Martel 07936359260

Kingston Mencap



Bingo & Quiz:

- **Where:** The Involve team are running a FREE online meet-up with Kingston Mencap
- **When:** Every Thursday
- **Time:** 4pm to 5pm
- **Contact:** involve@kingston.gov.uk (to be added to the invite list).



Future Friends:

- **Age:** For ages 18-30
- **When:** 2nd and 4th Thursday of the month
- **Time:** 7.30pm to 9.30pm
- **Cost:** £5
- **Contact:** Gina 07936359260



Kingston Mencap



Saturday Drop In:

- **When:** Every Saturday
- **Time:** 12 – 2.30pm
- **Cost:** £5
- **Activity:** Our club leader will be providing activities each week with lots of time to meet up with friends and relax over a cuppa. Many people bring their lunch to enjoy during the session.
- **Contact:** Martel 07936359260



Kingston Mencap Family Carers Group:

- **Activity:** The family Carers Group meet up every 4-6 weeks at Searchlight. Guest speakers are invited to answer questions on topics of interest and for carers to share experiences.
- **Contact:** Gill Wood gillcwood@outlook.com or 07759363747 for dates



Kingston Mencap

Contact



Searchlight Community Centre, Kingston Road, New Malden KT3 3RX



07936 359 260



trustees@kingstonmencap.org.uk



www.kingstonmencap.org.uk



What do you think we should focus on next?

Have your say and find out about the

[All Age Learning Disability Partnership Board.](#)

If you have any questions about this report, please contact:

info@healthwatchkingston.org.uk