



Thursday 7 January 2021



This letter is for people with a learning disability, their families and carers.



We hope you are staying safe and well.



We are writing to let you know that if you live in Supported living or go to a day centre, you can get a test for Covid 19.



This is only if you **do not** have any symptoms of Covid 19.



The test takes about 10 minutes and gives a result in 30 minutes.



You can get a test at Kingston university or Chessington Sports centre.

This is the information for Kingston university:

Main Building  
Penrhyn Road  
Kingston upon Thames  
KT1 2EE



Dates: Weekdays until 15/01/21 10am - 5pm

Book your test day and time here:

[Rapid Test Booking and Consent form](#)



This is the information for Chessington Sports Centre:

Garrison Lane,  
Chessington, KT9 2JS

Dates: Week days from 04/01/21 10am - 5pm

Book your test day and time here:

[Rapid Test Booking and Consent form](#)



People will need to make their own way to the test sites and travel in a Covid safe way.



**If you or anyone in your house has Covid symptoms** (a high temperature, new, continuous cough, loss or change to your sense of smell or taste) then you should self isolate.

You will need to book a test through the COVID-19 test booking site:

[www.nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) or by calling 119, and follow advice of NHS Test and Trace.



If you or anyone in your house gets a positive COVID-19 result you will need to have a PCR test to confirm you are positive.



You must self-isolate for 10 days from the date of the test.



People in your house and support bubble will also need to self-isolate straight away for 10 days.



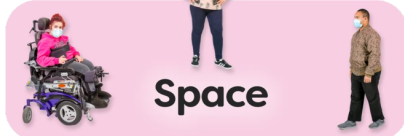
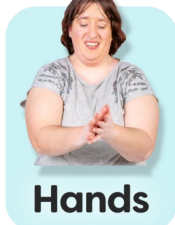
There is help available if you need it, for things like shopping and medicine, if you don't have a friend or trusted neighbours who lives close to you.



Please see:

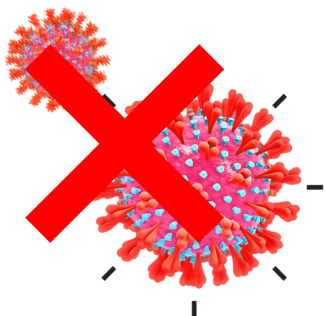
<https://www.kingston.gov.uk/Covid19-needhelp>

or call: **020 8547 5000.**



Please continue to follow the rules on stopping the spread of coronavirus.

Remember **Hand, Face, Space**, and play your part to help Keep Kingston Safe.



Thank you for your support in our efforts to beat the virus.



We hope you find the information useful.

If you have any questions, please let us know on [adultscommissioning@kingston.gov.uk](mailto:adultscommissioning@kingston.gov.uk) or 07566 760 100



Thank you.

Best wishes,

Iona Lidington  
Director of Public Health.