



Induction session

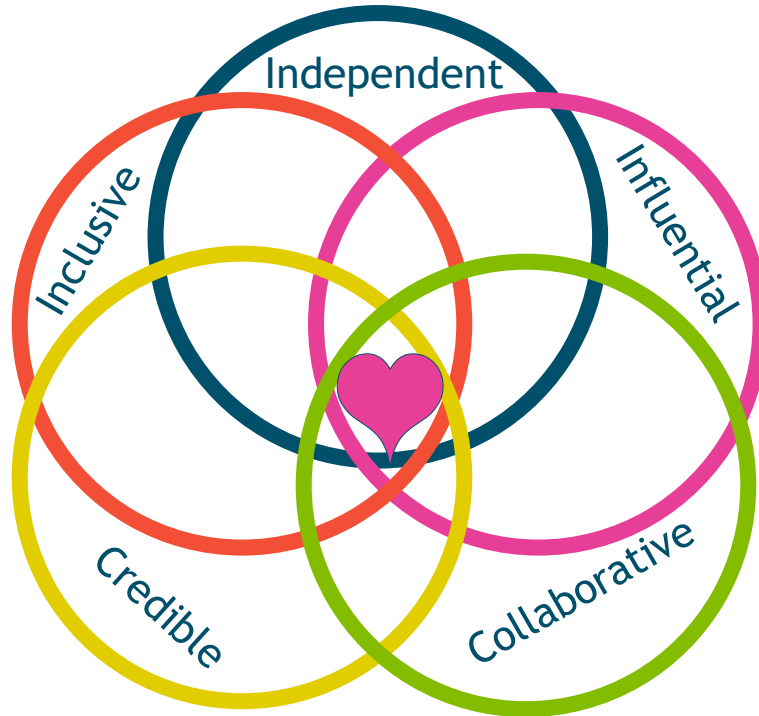
Presenter name

Date


## What is Healthwatch?

- [Video](#)
- Champion for local health and social care services.
- Has powers to cause change through legislation.

## Core Values



## Why volunteer with Healthwatch?

- Skill set
  - Networking
  - Training
  - Enact change
  - Ensuring all including the vulnerable and those with extra care requirements are heard.
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- How?
  - Play to strengths
  - Be supported
  - Training
- 

## Training examples

Communication

Teamwork

Project linked training

Leadership Training

Social media

Photography

Data compilation and analysis

Video

Media

GDPR

CRM

Office support

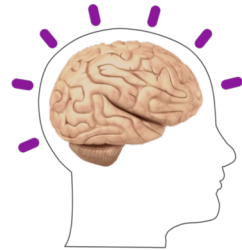
Enter and View

Mental health first-aid

Safeguarding

Telephone interview

## Structure



**healthwatch**  
Kingston Upon Thames

Community Care  
Task Group

Hospital Services  
Task Group

Mental Health  
Task Group

Learning Disabilities  
Task Group

**Healthwatch  
Kingston upon  
Thames**

Youth Out Loud!

All Ages  
Learning Disabilities  
Partnership Board

Health and Social  
Care Governance  
and  
Transformation

'Thrive Kingston' Mental  
Health Strategy Planning  
and Implementation  
Group

**Other services  
we provide**

We signpost  
people to local  
health and social  
care providers.

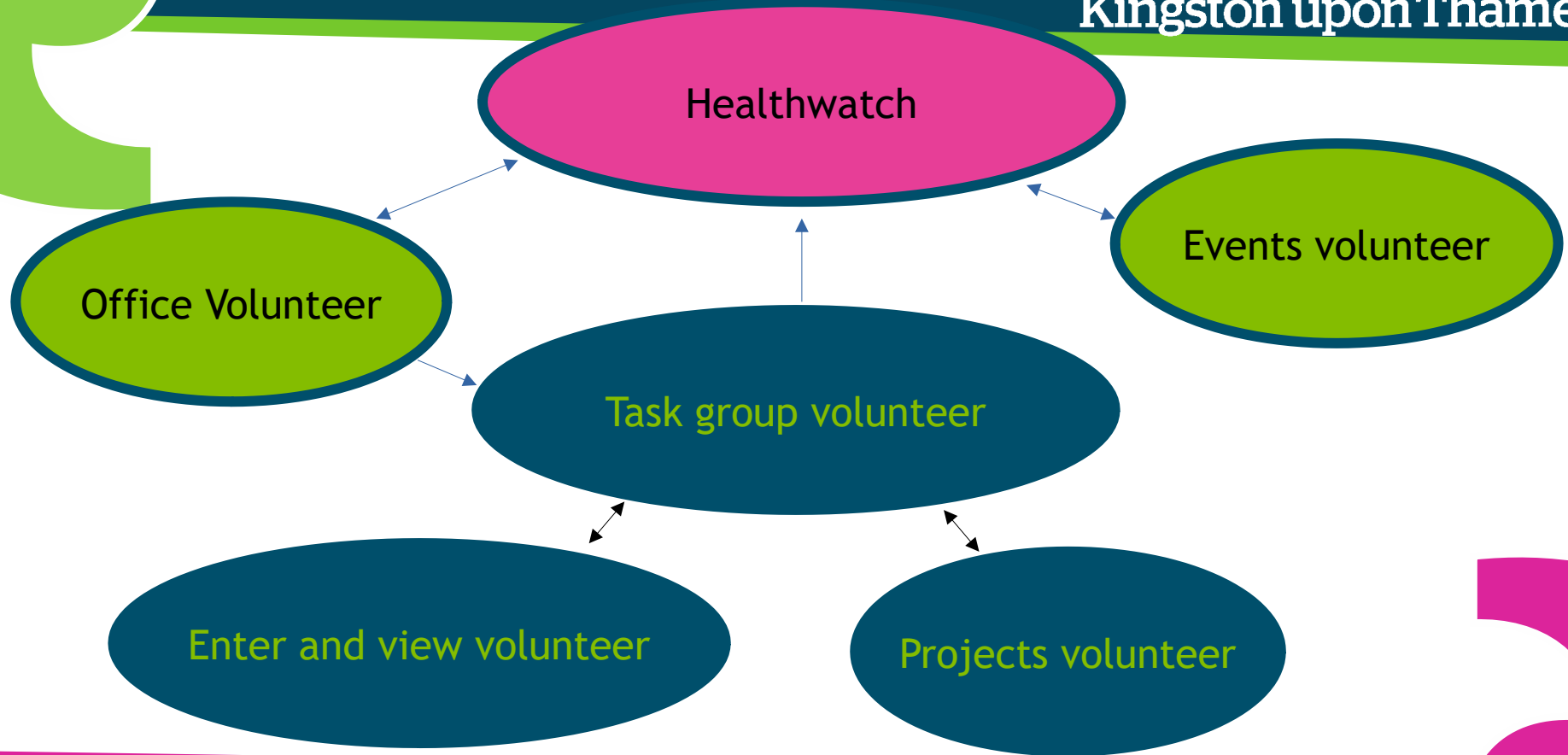
We talk to people  
at community  
events to involve  
them in our work  
and listen to their  
views and  
experiences of  
health and social  
care services.

We support  
Making  
Safeguarding  
Personal.

**time to change**  
**kingston**  
let's end mental health discrimination

Healthwatch Kingston is the Time to Change Kingston Hub Coordinator

**disability**  
**confident**  
COMMITTED




## Task groups

Meetings, review research & reports, sets new projects in motion.

### Groups

- Hospital Services
- Community Care
- Learning Disability
- Mental Health

-If you could spare: 2 hours per meeting plus up to 1 hour to read material.  
(plus optional 1-2 hours per month project work)





## Projects volunteer

Builds reports which have meaningful recommendations in the borough.

Role dependent on project, may involve:


- Prepare for and conduct surveys, consultations and visits
- Compile results
- Building reports and publications
- Telephone operation

-If you could spare: Time dependent on project



## Events volunteer

Stalls and community engagement.

- Listen to and collect what people say about their experiences.
  - Raise awareness.
  - Different venues around the borough.
  -
- If you could spare: 2-5 hours per event.
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## Office volunteer

### Support and administration

- Taking notes
- Company e-mails
- Data entry
- Answering telephone
- Staff support at KQC

- If you could spare: Time dependent on availability.

## Enter & view volunteer

### Collect views

- Prepare for visit
- Publicly operating services
- Recommendations
- Follow-up

### Training required

- If you could spare: Time dependent on availability.
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Thank you for listening!

Questions?