

# KVA Core 20 project



# KVA - Who are we?

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- Infrastructure Support organisation for voluntary and community organisations in the Borough of Kingston Upon Thames
- Our aim is to support, advise and develop voluntary organisations and community groups through the provision of information, advice and services. We review existing provision, identify unmet need, initiate new projects and development to meet these needs.



# KVA work in community health



Community  
Engagement



Networking



Reducing Health  
inequality



Facilitating access to  
Primary care services



Data collection and  
analysis



Collaboration and  
coordination

# KVA Community Health Project worker

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## Kathy Wong

- ❖ Registered Nurse & Registered Midwife in Hong Kong
- ❖ Master of Public Health
- ❖ International Board Certified Lactation Consultant (IBCLC)

# REDUCING HEALTHCARE INEQUALITIES

**CORE20**  
The most deprived 20% of the national population as identified by the Index of Multiple Deprivation



The Core20PLUS5 approach is designed to support Integrated Care Systems to drive targeted action in healthcare inequalities improvement

**PLUS**  
ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups

Target population

**CORE20 PLUS 5**



Key clinical areas of health inequalities

1



**MATERNITY**  
ensuring continuity of care for women from Black, Asian and minority ethnic communities and from the most deprived groups

2



**SEVERE MENTAL ILLNESS (SMI)**  
ensure annual Physical Health Checks for people with SMI to at least, nationally set targets

3



**CHRONIC RESPIRATORY DISEASE**  
a clear focus on Chronic Obstructive Pulmonary Disease (COPD), driving up uptake of Covid, Flu and Pneumonia vaccines to reduce infective exacerbations and emergency hospital admissions due to those exacerbations

4



**EARLY CANCER DIAGNOSIS**  
75% of cases diagnosed at stage 1 or 2 by 2028

5



**HYPERTENSION CASE-FINDING**  
and optimal management and lipid optimal management



**SMOKING CESSATION**  
positively impacts all 5 key clinical areas

# Our Core20PLUS5 Connectors



Local knowledge



Lived experience of health inequality



The right conversations and connections with communities



Focus on what people CAN do



Linking people together



Build up long term relationship

What have  
we done  
to date..

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# Cancer awareness sessions

- Breast and cervical cancer screening with Macmillan Cancer outreach team for community groups such as;
  - Connect North Korea
  - Tamil Community
  - Nanoom – Korean isolated women



Your presentation was informative and very useful to our members, and helped them better understand women's cancer and the importance of screening.

Thank you especially for using plain English rather than complicated one so that we can understand better.



# Health talks and checks for men

- Run in partnership with Pastor Jacklord Jacobs at RCCG Church 'Rivers of Water' in Berrylands
- The Pastor identified that the men from his community do not go for medical screening and some of them even do not register with their GP surgeries.
- A GP, a Health Care Assistant, three pharmacists and a MacMillan Nurse were present at the event
- Presentations covered topics on men's general health; cancer awareness (prostate, testicular and bowel); cardiovascular disease and mental health.
- Two of them were pre-diabetic and two had hypertension and were referred



From this.. We have just launched Kingston Community Football



# Health and wellbeing events



- The Living Well event at Surbiton Library ran by RBK.
- RBKares health and wellbeing events
- NHS led Health event for Refugees and homeless communities
- KVA have used these opportunities for engagement to promote Connected Kingston, The Good Food Group offering, Buddy Scheme volunteering opportunities and free sim cards.

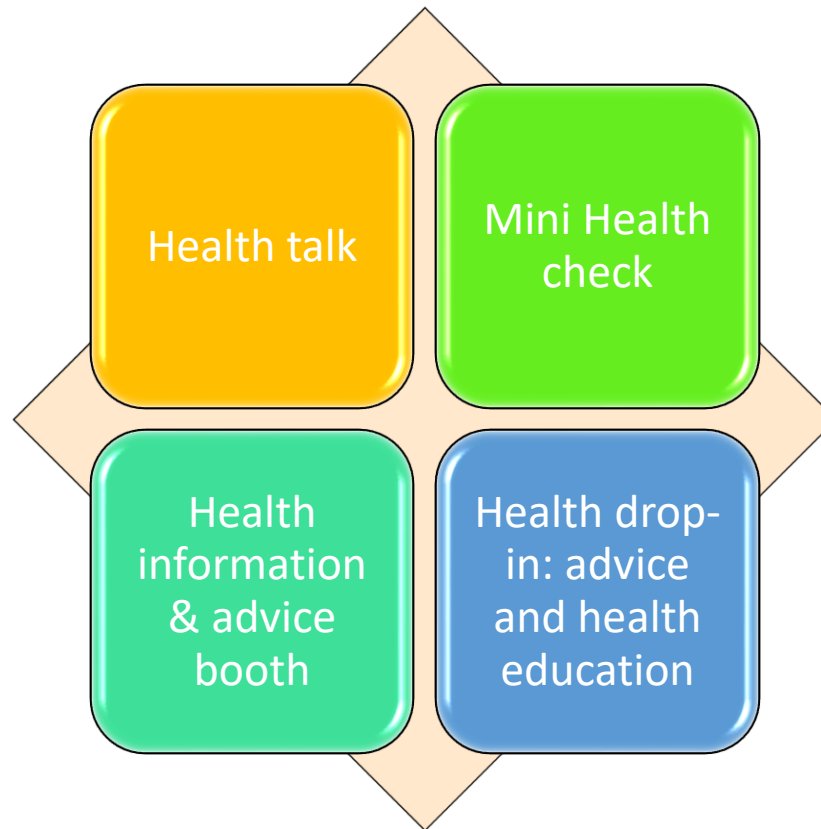


THE ROYAL BOROUGH OF  
**KINGSTON**  
UPON THAMES

Connected  
 Kingston



# KVA community health and wellbeing offer



# KVA community health and wellbeing offer – upcoming events



## Health talk

Conducting a series of Health Talks for Hong Kongers

## Mini Health check

Upcoming sessions with Rise Café, Migrant group and Tamil group

## Health information & advice booth

Women's Hub in KingsGate Church

## Health drop-in: advice and health education

Libraries

Any  
questions?

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